

<p>DAY 1. 2. 3. 4. 5.</p> <p>DAY 6. 7. 8. 9. 10.</p>	<p>DAY 11. 12. 13. 14. 15.</p> <p>DAY 16. 17. 18. 19. 20.</p>	<p>DAY 21. 22. 23. 24. 25.</p> <p>DAY 26. 27. 28. 29. 30.</p>
--	---	---

**Biochemistry of Attention Deficit Hyperactivity Disorder (ADHD)**

“The etiology of ADHD is generally acknowledged to be complex and multifactorial. Suggested contributory factors have been diet, nutrition, and in particular abnormalities in the metabolism of the long chain polyunsaturated fatty acids.”

Studies have shown that people with ADHD have an imbalance or dysfunction in the regulation of brain neurotransmitters, including dopamine, serotonin, and norepinephrine.

Dopamine plays an important role in the cortex of the brain. A lack of dopamine may impair cognitive processes, attention and focusing.

Serotonin regulates executive function, social behavior, and impulsivity.

Accentrate™ contains lipids, vitamins, and minerals the body uses for proper regulation for optimum cognition, including memory, attention, and focus.

**Accentrate™ Brain Ready™ Nutrition**

Accentrate™ is neuroscientifically based and provides:

Tissue Targeted™ EPA and DHA are omega-3 fatty acids conjugated to a phospholipid (PL). EPA and DHA in this form, unlike fish oil, readily bypass the blood brain barrier and are absorbed by brain tissue through Lyso-phosphatidylcholine.

L-METHYLFOLATE is the bioavailable form of folic acid and crosses the blood brain barrier. L-methylfolate is necessary for proper regulation of dopamine, serotonin, and norepinephrine. Dopamine and norepinephrine are important neurotransmitters related to mood, attention, and memory.

Folates have been reported to be of fundamental importance in brain growth, differentiation, development, repair, mood, cognition, ageing, and methylation. Impaired methylation of dopamine receptors and membrane phospholipids can contribute to problems in firing of neurons and subsequently to attention disorders.

VITAMIN D is a fat-soluble vitamin that is stored in body tissues. Vitamin D is able to cross the blood-brain barrier. Vitamin D is needed for proper regulation and expression of enzymes important in the biosynthesis of serotonin.

B VITAMINS: Vitamin B6 and Vitamin B12 are also important for healthy dopamine and norepinephrine production.

MAGNESIUM: Has been shown to cross the blood brain barrier. Magnesium is a required cofactor and plays a major role in neurotransmitter synthesis.

**These statements have not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Accentrate™ Brain Ready™ Nutrition**

Providing the nutrition that supports optimum cognition, attention, memory, and focus.

Accentrate™ is more:

- Folate - Tissue-Targeted™ EPA and DHA
- Vitamin B12
- Vitamin D3
- Magnesium
- Vitamin B6

Accentrate™ is less:

- Certified Gluten Free
- Dye Free
- GMO Free
- Soy Free
- Sugar Free
- Casein Free
- Fish Free
- Yeast Free
- Glucose Free
- Lactose Free

One Softgel Daily

30 Softgels

**Accentrate™ Brain Ready™ Nutrition**

Yeast Free  
Soy Free  
Certified Gluten Free  
Dye Free  
Glucose Free  
Sugar Free  
Casein Free  
Fish Free  
Lactose Free

**SUPPLEMENT FACTS**  
Serving Size: 1 softgel    Servings per Box: 30

	Amount Per Serving	% Recommended Daily Value
PC-EPA	80 mg	†
PC-DHA	40 mg	†
Pyridoxal-5'-phosphate (Vitamin B6)	10 mg	500%
L-Methylfolate Calcium	2 mg	500%
Magnesium-L-Threonate	100 mg	2%
Methylcobalamin (Vitamin B12)	1 mg	417%
Vitamin D3	400 IU	100%

†Daily Value not Established  
Other Ingredients: Gelatin, Glycerin, Sunflower Oil, Purified Water, Phosphatidylcholine, L-Glutathione, Annatto Powder, Titanium Dioxide, Astaxanthin, Ethyl Vanillin

**CONTAINS:** Shellfish

**ACCENTRATE™** is formulated to provide nutrients that support optimal cognition, including attention. ACCENTRATE™ provides phospholipids, omega-3 fatty acids, and vitamins that have been shown to be involved in the regulation of neurotransmitters responsible for attention, focus, and memory.

**CONTRAINDICATIONS:** Accentrate™ is contraindicated in patients with a known hypersensitivity to any of the articles contained in the product.

**PRECAUTIONS:** Caution is recommended in patients with a family history of bipolar illness. Mood elevation is possible in this population. Caution is also recommended in patients taking anticonvulsant medications as folate may interfere with anticonvulsant medication, and may lower seizure threshold. Furthermore, it has been reported that anticonvulsant medications interfere with folate metabolism, but the exact action is unclear; therefore caution is recommended with patients in this therapeutic group.

**DOSAGE AND ADMINISTRATION:** The usual dose may be taken as one (1) tablet daily, or as directed under medical supervision.

**ADVERSE REACTIONS:** Allergic reactions have been reported following the use of oral and parenteral folate. Mild transient diarrhea, polyarthralgia, urticaria, itching, transitory exanthema, and the feeling of swelling of the entire body have been associated with methylcobalamin. Allergic reactions, acne, skin reactions, photosensitivity, nausea, vomiting, abdominal pain, loss of appetite, paresthesia, somnolence, tinnitus, and headaches have been associated with pyridoxal-5'-phosphate. Call your licensed medical practitioner about side effects.

**HOW SUPPLIED:** Accentrate™ is available in a carton unit dose pack of 30. Three (3) child-resistant blister cards each containing 10 red softgels with the imprint "ACC".

**PATENTS PENDING**    **TRADEMARKS:** Accentrate™ is a trademark of Fenix Health Science, LLC.

PRODUCT CODE 742243-100-30

**STORAGE:** Store at Controlled Room Temperature 15°-30° C (59°-86°F). [See USP]. Protect from light and moisture.

Call your doctor about side effects. You may report side effects by calling: 800-73 FENIX.

**MANUFACTURED FOR:**  
Fenix Health Science, LLC  
www.fenixhealthscience.com

© Rev. 02/18

**Accentrate™ Brain Ready™ Nutrition**

Tissue Targeted™ EPA and DHA - Omega-3 fatty acids in the form naturally present in the brain.

L-Methylfolate - The *active form* of folate in the body and able to cross the blood-brain barrier.

Vitamins B6 and B12 - B Vitamins in their *active forms* necessary for proper regulation of neurotransmitters.

Vitamin D3 - 100% of the Daily Value important for the healthy regulation of serotonin.

Magnesium - In a form that crosses the *blood-brain barrier*.

SUPPLEMENT

Lot Number: 21708133  
Manufacture Date: August 2017

Bar Code

**Accentrate™ Brain Ready™ Nutrition**

ORDER DIRECT  
www.accentrate.com

Pay as little as \$49 / month\*  
\*with a three-month purchase.

**Accentrate™ Brain Ready™ Nutrition**